

Story of Hāloa (Part 1)

Video Description

Joey shares the story of Hāloa and our beginnings as kanaka.

Guiding Questions

- Why should we know the story of Hāloa?
- Who was Hāloa?
- What is the story behind Hāloanakalaukapalili?
- How are Hawaiians connected to kalo?
- What is the kuleana (responsibility) of Hawaiians to the land?



Thinking Beyond

- Do you have a creation story in your culture?
- What is your kuleana (responsibility) to your family?
- Is there someone in your family who you believe holds a lot of kuleana?

Potting Kalo (Part 2)

Video Description

No lo'i, no māla, no problem! Joey guides us in selecting the proper pot and soil mix to grow our own kalo at home.



Guiding Questions

- Why would we want to plant kalo?
- What is huli?
- What are some ways to plant huli?
- What are the main ingredients used in potting kalo?
- How do these ingredients help the kalo grow?

Thinking Beyond

- Why does Joey say, "We need to have love in our hearts when we plant our huli?"
- Joey uses the word maiau, which means "neat and careful in work." Can you think of a time when you were extra careful when you did something?

Planting Kalo (Part 3)

Video Description

Joey shows us two methods of planting kalo in the māla.



Guiding Questions

- What are the two different methods of planting kalo?
- What Hawaiian tool does Joey use to make the hole?
- Can you think of another tool that might function similar to the Hawaiian tool?
- What is the process in planting kalo?
- What is the difference of growing kalo in a mound or kalo in a crater?

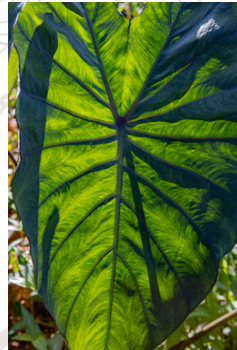
Thinking Beyond

- Joey covers the kalo with soil and talks about tucking it in its home. Do you have a family tradition of creating a safe space for your plants to grow?
- How does your family grow kalo or a traditional plant from your community?

Caring for Kalo (Part 4)

Video Description

Joey shows us how to care for our kalo through mulch, watering, and aloha.



Guiding Questions

- What is mulch?
- Identify three (3) different types of mulch.
- What is an 'āina lasagne?
- What is the difference between weed mat and other organic mulch?
- What is akua irrigation?
- Joey shares way to care for kalo. What are some of those ways?

Thinking Beyond

- Are there special songs, prayers, or sayings that your family does when caring for your plants?
- Kilo (observation) is an important responsibility in the care and maintenance of kalo. Do you know someone who uses kilo in their practice?

Kalo Harvest (Part 5)

Video Description

Joey demonstrates a typical kalo harvest from a māla at Ho'oulu 'Āina including the tools and techniques to use.



Guiding Questions

- What are two indicators to know your kalo is ready to harvest?
- About how long does it take for kalo to grow until it's ready to be harvested?
- What is Joey's process to harvest kalo?
- What does Joey mean when he says kalo grows as an 'ohana?

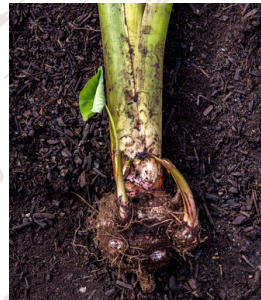
Thinking Beyond

- If you were to dream about a space to grow food, what would that look like?
- Are there plants in your community that grow as a family?

Huli Replanting Prep (Part 6)

Video Description

Joey shows us the next steps in how to care for the huli after a kalo harvest.



Guiding Questions

- What is the process in caring for the kalo plant after a harvest?
- What parts of the kalo plant are edible?
- Why does Joey cut the stalk just above the māwae?
- Moi is the variety of kalo Joey is working with. What happens to the stalk sometimes when it's cut?
- What does Joey do to ensure that the huli will grow?

Thinking Beyond

- Does your family have any recipes around kalo or other traditional starches?
- Do you have any traditional stories from your culture around growing native foods?

Feeding Our Community (Part 7)

Video Description

‘Ānela and Kanoa explain how the Māluawai Kalo Patch Crew work to provide free food for kūpuna.



Guiding Questions

- Why would we want to plant kalo in a space where ancient walls currently stand?
- What are the names of the two ‘ili (land divisions) that make up Ho‘oulu ‘Āina?
- How is the kalo harvest being distributed at KKV?
- What is the FoodRX program?

Thinking Beyond

- Can you think of a program in your community that feeds your elders?
- What can you do to share healthy food with someone in need?
- If you were to create your own food system, what kinds of foods would you grow?